

# Word Ladder

Solutions with Word Definitions

Puzzle 0494: **RELAX** to get to **SLEEP** in 26 steps or less.

	R	E	L	A	X	To release tension; to relieve; to loosen; to rest.
1.	R	E	L	A	Y	To pass on or transfer; a staged route exchanging at each stage; simple actuator.
2.	R	E	S	A	Y	To say again; to reiterate.
3.	R	E	S	A	T	Past tense of <i>resit</i> , to retake an examination.
4.	R	E	S	I	T	To retake an examination; a repeat examination.
5.	R	E	B	I	T	A maximally entangled quantum bit (qubit); past tense of <i>rebite</i> , to re-etch.
6.	R	E	B	I	D	To bid again; a repeat offer.
7.	R	A	B	I	D	Infected with rabies; furious; raging; fanatical.
8.	R	A	P	I	D	Fast; quick.
9.	R	A	P	E	D	Past tense of <i>rape</i> , to sexually violate, to despoil, to ravage, to destroy.
10.	T	A	P	E	D	Fixed or bound with adhesive tape; past tense of tape.
11.	T	A	P	E	S	Plural of <i>tape</i> , a thin flexible band; 3rd p. sing. of <i>tape</i> , to fix with tape, to record.
12.	T	A	R	E	S	Plural of <i>tare</i> , a vetch grass, or an empty weight; 3rd p. sing. of <i>tare</i> to set the zero.
13.	T	A	R	T	S	Plural of <i>tart</i> , a small flan or open pastry.
14.	T	O	R	T	S	Plural of <i>tort</i> , a breach of contract.
15.	T	O	O	T	S	Plural of <i>toot</i> , a short blast of a whistle or wind instrument, or similar sound.
16.	S	O	O	T	S	Plural of <i>soot</i> , substance produced by fire, 3rd p. sing. of <i>soot</i> , to cover in soot.
17.	S	P	O	T	S	Plural of <i>spot</i> , small area of different appearance, or place; 3rd p. sing. of <i>spot</i> , see.
18.	S	P	A	T	S	Garments worn around the ankle covering top of the shoe; plural of <i>spat</i> , a quarrel.
19.	S	P	A	T	E	A surge; a sudden rush or increase; an outbreak.
20.	S	T	A	T	E	Condition of an object or process; apparatus of government; a nation; to declare.
21.	S	T	A	L	E	No longer fresh.
22.	S	T	A	L	L	Section of a barn or stable; market stand; seat in a theatre; to cut out.
23.	S	T	E	L	L	To fix in position.
24.	S	T	E	E	L	Alloy of iron.
25.	S	T	E	E	P	Having a large gradient.
26.	S	L	E	E	P	A resting state with reduced consciousness; to be in a resting state.

Puzzle 0495: Get from **TIRED** to **RESTS** in 8 steps or less.

	T	I	R	E	D	Past tense of <i>tire</i> , to fatigue or exhaust; fatigued; sleepy; exhausted; worn-out.
1.	T	I	R	E	S	3rd p. sing. of <i>tire</i> , to fatigue or exhaust; plural of <i>tire</i> (US), a wheel rim or covering.
2.	T	A	R	E	S	Plural of <i>tare</i> , a vetch grass, or an empty weight; 3rd p. sing. of <i>tare</i> to set the zero.
3.	B	A	R	E	S	3rd p. sing. of <i>bare</i> , to uncover, to reveal.
4.	B	A	L	E	S	Plural of <i>bale</i> , a large roughly cubic bundle of fibre, e.g. hay, straw, or wool.
5.	B	A	L	T	S	Plural of <i>balt</i> , a person of descent from one of the nations around the Baltic Sea.
6.	B	E	L	T	S	Plural of <i>belt</i> , a band which forms a loop; 3rd p. sing. of <i>belt</i> , to hit.
7.	B	E	S	T	S	3rd p. sing. of <i>best</i> , to defeat or overpower.
8.	R	E	S	T	S	3rd p. sing. of <i>rest</i> , to pause, remain, or lay; Plural of <i>rest</i> , a break or pause.